



www.TheTerraceFoundation.org

649 Pilgrim Terrace Drive
Santa Barbara, California, 93101

MEAL PROGRAM AT PILGRIM TERRACE COOPERATIVE HOMES

The meal program at Pilgrim Terrace grew out of a need to provide healthy, fresh, local and nutritious meals to its senior and disabled residents. Pilgrim Terrace solely developed a meal program, supported by an on-site urban farm that would solve the need and provide “one nutritional meal a day” to low-income residents at Pilgrim Terrace. In 2015, Pilgrim Terrace hired a chef, along with kitchen staff to execute the vision. Shortly after the meal program became a reality, Pilgrim Terrace, oversaw the formation of The Terrace Foundation and it’s Urban Farm Project, to provide nutritious, farm-fresh produce to create meals in other low-income communities throughout Santa Barbara. Much of the food served is grown on site in the urban farm.

- **Pilgrim Terrace serves between 115 to 125 meals, 5 days a week in its community center.**
- **On-site, “One nutritional meal a day” is served at no cost to the 90 residents of Pilgrim Terrace Cooperative Homes.**
- **Equating to 2000 + meals a month or more than 30,000 meals served on-site annually.**



To encourage social activities, healthy nutrition and stimulation to all ages in our community and consciously being aware of best earth practices.

Pilgrim Terrace and The Terrace Foundation developed:

- A comprehensive and in-depth Urban Farm project that is established, and reaching out beyond Santa Barbara, providing local nutritional produce to its residents and the community at large.
- Doorstep deliveries; fresh, hyper-local, and sustainably grown produce is delivered to any of the 90 residents of Pilgrim Terrace, upon request.
- A network to create sustainability; centered around the urban farm projects to help the meal program reduce its reliance on outside sources by harvesting fresh produce all year round, locally.

Pilgrim Terrace and The Terrace Foundation is dedicated to finding ways to combat food insecurity in our community by:

- Helping at-risk members of our community gain easy access to nutritious, healthy food.
- Supporting non-profit organizations who feed underserved members of our community providing nutritional, locally sourced produce; to one day become self-reliant, and to take control of their food supply.
- Creating educational spaces and programs to teach our community members and youth’s about the importance of nutrition and living a healthy lifestyle.



THE TERRACE FOUNDATION URBAN FARM PROJECT

The Terrace Foundation Urban Farm Project is determined to create sustainable, community enriching food systems by:

- **Providing fresh, local, nutritious food to the Santa Barbara community**
- **Reducing food waste within the local food system**
- **Educating the Santa Barbara youth about farming, food, and nutrition**

Since its inception in 2015 we have transformed 3/4 of an acre into productive growing space that produces 25,000 pounds of produce annually and is comprised of:

- **A 50 - 10' x 20' plot community garden open to the public**
- **135 hydroponic systems**
- **Integrated nursery stock**
- **The cornerstone of a food forest system**

The farm's produce is first and foremost used in an on-site meal program that serves more than one hundred low-income seniors "one nutritional meal a day" at no cost, five days a week. The produce is also distributed by the "urban farm team" to Food From The Heart to serve 160 persons in crisis situations every week and to an ever-growing network of service providers, educators, and community members throughout Santa Barbara.



In a collaborative partnership with Veggie Rescue and Tutti Frutti Farms, The Terrace Foundation Urban Farm Project is dedicated to reducing food waste in our local system. Since 2015 our partnerships have "rescued" and distributed more than 100,000 pounds of locally grown, fresh produce to the underserved kitchens, schools, communities, and households within Santa Barbara.

Through partnerships with like-minded organizations such as Veggie Rescue, Food From the Heart, Tutti Frutti Farms, Trinity Gardens, the Mental Wellness Center, ExploreEcology, UCSB, Hope School, The Turner Foundation and many others, the network has expanded to encompass more than three urban acres in Santa Barbara County. Together we are all providing an opportunity for thousands of individuals and local students to take part in apprenticeships in the farms and kitchens.

FARM EDUCATION

Within the first six months of the establishment of our Urban Farm project at Pilgrim Terrace, it immediately became a setting for youth education.

Starting with a pilot program in 2016 at Pilgrim Terrace, in partnership with La Cumbre Jr. High, a custom 7th-grade science and farming curriculum was designed and implemented. Four hundred students completed the successful educational program, and an immersive, comprehensive service based youth apprenticeship program was created. Now The Terrace Foundation continues to expand its educational impact through numerous programs within the Santa Barbara community:

- **Urban Farm Apprenticeship**
- **TTF Farm & Garden Tours in Partnership with ExploreEcology**
- **Franklin Neighborhood Center Urban Farm Program**
 - Urban Farm & Culinary Apprenticeship
 - Agriculture Education
- **UCSB Edible Campus Program**
 - Student Farm
 - Green House Garden Project
 - Methodist Garden



All of these programs contribute to The Terrace Foundations mission to engage and educate local youth, create food resiliency and relocalize our communities food system. Through partnerships with ExploreEcology, Tutti Frutti Farms, The Turner Foundation, Santa Barbara Parks and Recreation Department, and UCSB thousands of Santa Barbara area students continue to be served by our Urban Farming initiative.

THE TERRACE FOUNDATION PARTNERS



UCSB pilot program to provide farm leadership opportunities to their edible campus project.

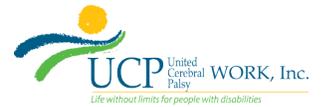


Partnership in food and farm education throughout Santa Barbara County.



Helping reduce food waste and redistribute to the under served in Santa Barbara.

OTHER PARTNERS



FARM MENTORS

Ramsey Cronk
Life Source Project, Inc.

SB Hydropodics
"The Pods"

Bill Palmisno
ExploreEcology

Terracotta
Landscaping

Mathew Beck
Metro Equipment / Organic
Landscapes
Jes Holding Company

Keith Bart
Trinity Garden

